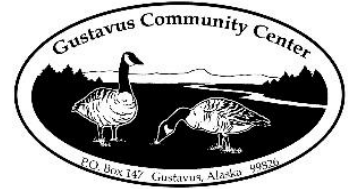


GUSTAVUS COMMUNITY CENTER (GCC)
RELEASE and WAIVER of LIABILITY for FITNESS CENTER

WELCOME TO THE GCC FITNESS CENTER,
CHEERS TO YOUR FITNESS AND GOOD
HEALTH!



This release of liability and waiver form is to protect GCC

Assumption of Risk: I understand that physical exercise can be strenuous and subject to risk of serious injury. I am using the GCC Fitness Center, its equipment, participating in physical exercise, training activities, or classes entirely at my own risk. I assume any and all risk of injury or harm, including any that may arise from negligence or carelessness on the part of GCC from dangerous or defective equipment or property owned, maintained, or controlled by them. I agree to comply and observe all posted rules and further to obey all verbal instructions and warnings given by any representative of GCC. Further, I understand it is not the responsibility of GCC or its agents to teach safety rules, nor is it the function of GCC to serve as guardian of my safety. Further, I understand that I am responsible for repair of any damage to the facility or its furnishings that I cause while at the Fitness Center or a related training or activity.

In this Release and Waiver of Liability form, Gustavus Community Center (GCC) includes the GCC facility, directors, officers, employees, volunteers, representatives, and agents, and an activity or class instructors.

Release and Waiver: I release and forever discharge and hold harmless GCC and its successors and assigns from any and all liability, claims, and demands of whatever kind of nature, either in law or in equity, which arise now or hereafter, from my use of the GCC Fitness Center, its equipment or participating in physical exercise, training activities, or classes. I understand and acknowledge that this waives and releases discharge of GCC from any liability or claim that I may have against GCC with respect to bodily injury, personal injury, illness, death, or property damage or actions of any kind that may occur to me while using the GCC Fitness Center, its equipment, or participating in a class of activity.

Insurance: I understand that GCC does not assume any responsibility for or obligation to provide me with financial or other assistance, including but not limited to medical, health, or disability benefits or insurance. I expressly waive any such claim for compensation or liability on the part of GCC.

Medical Treatment: I hereby release and forever discharge GCC from any claim whatsoever which arises or may hereafter arise on account of any first-aid treatment or other medical services rendered in connection with an emergency while using the GCC Fitness Center, its equipment, or participating in a class of activity.

Covid-19 Policy When Inside the GCC: Inside GCC, people may choose to wear a mask at any time. If you have COVID symptoms, test positive, or believe you have been exposed to COVID, do not enter GCC until you test negative or your quarantine is complete. If there is a HIGH COVID level in our county, this policy may become more restrictive. Renters of GCC have the option to implement actions more restrictive than this policy for their event. (check [HERE](#) for the CDC's COVID level in Gustavus, part of the Hoonah-Angoon CA)

By signing below, I express my understanding and intent to enter into this Release and Waiver of Liability willingly and voluntarily.

Date: _____

Name: _____

Signature (or parent/guardian if under 18): _____